

What is the Purification Program?

The Purification Program is a carefully designed combination of exercise, vitamins, nutrition and sauna use which dislodges drug residues and other toxins from the fatty tissues so that these substances can then be eliminated from the body. While the Purification Program rids one of the biochemical residues that reactivate past drug experience, it is but the first step to a full resolution to the spiritual devastation caused by drug, medicine and alcohol abuse.

Ours is a chemical-oriented society. Virtually everyone is subjected daily to the intake of food preservatives, pesticides, atmospheric poisons and the like. Add to this the wide assortment of medical and street drugs consumed in our society and the magnitude of the problem becomes obvious.

The Purification Program is a tightly supervised regimen of exercise, sauna, nutrition and a properly ordered schedule which includes sufficient rest. All of this together results in the elimination of drug residues and other toxins from the body's fatty tissues.

The Purification Program is a major breakthrough by L. Ron Hubbard that has enabled hundreds of thousands to be freed from the harmful effects of drugs and toxins. In 1977, Mr. Hubbard's research revealed that LSD stays in the system for years after a person has taken it, lodging in the fatty tissues of the body. Months or even years later, a person can go on a "trip" as LSD residues move out of the fat.

Subsequent research revealed that not only LSD but a long list of other street drugs, as well as chemical poisons, toxic substances and medical drugs, can all become lodged in the body's fatty tissues and cause a person to re-experience their effects. This phenomenon has since been confirmed in numerous independent medical studies.

In 1983, independent researchers conducted tests on a woman who had done the [Purification program](#) after having been heavily exposed to industrial contaminants while on the job. Tests done at the beginning of the program showed high levels of mercury and lead in the woman's body. During the program, she secreted a black substance through the pores of her skin as chemicals were flushed out of her body.

Another example is a 1995 outcome study done by a physician and a molecular biologist who monitored the rehabilitation of cocaine and Valium addicts using Mr. Hubbard's technology. They found the detoxification procedure resulted in previously undetectable drugs appearing in both the urine and in the sweat of former drug users. In other words, these residual drugs were dislodged as a result of the program and eliminated once and for all, freeing the individual from their harmful effects.

The deadly chemical *dioxin*, Agent Orange, was used to defoliate trees during the Vietnam War. Exposure to the chemical resulted in dioxin poisoning of American servicemen. Years later no effective handling had been developed. Then a Florida cardiologist conducting tests on a person who had been exposed to the chemical but who had done the Purification program, found that his patient's level of the chemical had reduced by 29 percent immediately after the program and an astounding 97 percent eight months later—and that all symptoms of dioxin poisoning had disappeared.

Clinical trials in Russia among victims of the Chernobyl nuclear reactor disaster found that, after doing the Purification Program, body levels of radio nuclides in subjects who had experienced radiation fallout reduced by as much as eightfold. Among those tested were fourteen children who had been directly in the path of leakage from the reactor.

Once the residuals of drugs and toxins are released from the body, a person is also free from the detrimental spiritual affects caused by these lingering poisons. This is the purpose of the Purification Program.

A secularized adaptation of the Purification Program is delivered in Narconon drug rehabilitation centers worldwide. The Narconon program is supported by the Church and by Scientologists internationally. (See "[What is Narconon?](#)")

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http://www.scientology.org/html/opencms/cos/scientology/en_US/news-media/faq/pg019.html